# About Men in Sheds MK

"Men in Sheds" is an independent UK charity with approximately 13000 participating members collectively known as "Shedders". The Kiln Farm Shed is the second largest in the UK. Sheds foster health and well-being, primarily but not exclusively for men, by enabling hobbies, skills, community-based projects and sharing of knowledge and social interests – all in a safe and welcoming environment.



Our supporters include:



















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Charity number: 1156425

One-off and regular donations can be made through:

localgiving.com/charity/mismk

# A PLACE FOR MEN WITH TIME ON THEIR HANDS



Stay Active

Make New Friends

Be Creative

## **Our Members**

The majority of our members are retired but wish to put their time and effort into supporting the local community. The Shed provides opportunities for social interaction and seeks to provide a safe and harmonious environment for people from all walks of life.



The charity works in an informal way without any paid employees and is open up to four days a week.

Members are encouraged to share their vast knowledge and experience with others.

# **Activities**

Activities at the shed are very diverse. Some members have their own personal projects, others choose to become involved with a wide variety of community projects that have in the past included: the refurbishment of garden benches; construction of wheeled boxes for the MK Food Bank; the creation of theatrical props and old fashioned scenery for a fete.



# **Facilities**

The Shed provides facilities for woodworking, metalworking, model making, stained glass, railways and painting and drawing.

There are also opportunities to join the Makerspace group whose members have access to 3D printers and electronics equipment.

## Who can be a Shedder?

Our primary interest is the welfare and wellbeing of men. Shedders are over 18 years of age.

Some Shedders come to share specific skills, others to learn or simply socialize over a mug of tea and a chat.



# When is the Shed Open?

Our regular opening times are Monday, Wednesday and Friday from 10am to 4pm. The Shed is also open on Monday and Wednesday evenings. The Shed may also be open on a Sunday afternoon from 2 to 4pm.

# How much does it cost?

All we ask is that members donate 5 pounds per week on a regular basis to help cover operating costs. We understand that some members may be unable to make a regular donation. We do not turn away members who are unable to pay.